

"It's Okay..."

Learning together parenting group

FREE

Wednesdays
February 3rd to
March 10th

1:00pm to 2:00pm
via Zoom

Presented by MPSD Early Years
Coordinator, Diana McCall and
Family Navigator, Brianne Huish



Please join us for this 6-week program, providing opportunities to connect with other parents, caregivers, and educators. Topics include expressing and validating big emotions, feelings of judgement and welcoming calmness into our lives.

Email brianne.huish@mpsd.ca to register